**Centre for Systemic Studies (CIC) Intermediate level training (Year 2)**

A course designed to meet the Training Standards of The Association of Family Therapy, level 2 (currently under review by AFT).

This is a 12-day course with a long-established history in the calendar of the Family Institute.

The dates for the 2025 course are as follows:

June 18th, 19th and 20th, July 3rd, 17th and 31st, September 25th, October 9th and 23rd, November 13th and 27th and (2026) January 8th

**Who should apply**: those who have completed Foundation Level training or can demonstrate equivalent learning.

**Course facilitators**: Jill Lubienski, Kieran Vivian-Byrne, Dr Leah Salter

**Venue**: Ty Elis Counselling, 14 Victoria Avenue, Porthcawl, CF36 3HG

2025 Information for prospective Applicants:

Teaching through this course will always be aimed at community/group learning. Because the teaching philosophy is based on an interactional frame and relational teaching/learning style, students are effectively engaged in the course from day one and this is maintained throughout the course. The teaching arrangement is proximal with opportunity for engagement and feedback structured into all elements of the course. Use of a dialogical method engages already qualified professionals in a process that respects their prior experience, knowledge and contribution to the learning process.

Teaching days are structured to be adaptive and responsive to feedback, both overt direct communication from the students and also observation of covert group dynamics and different learning styles of the individual students and how these impact on the learning of the group as a whole.

Course Aims and Learning Outcomes includes:

. Furthering in-depth understanding of conceptual frameworks underpinning Systemic theory and practice applied to psychotherapy.

· Understanding and utilising methods of integration in order to develop personal epistemology in psychotherapy practice and reflexive skills.

· Developing further skills in responding to challenging or complex issues that may arise in psychotherapy and consultation.

· Developing and promoting appropriate treatment responses and skills in working with areas across multiple contexts.

· Developing knowledge and practice of appropriate consultation in psychotherapy, including working with consultation groups throughout the 12 days.

· Developing an understanding of organisational development and the interaction between relevant wider systems in the practice of supervision, for example, management and governance of services.

· Promoting high professional standards

· Understanding the utility of research and the appreciation of the application to practice contexts, including working on an action research project through the course.

. Learning is demonstrated through 2 essays and a portfolio of work.

Participants are not eligible for professional registration on completion of this course. They must undertake a further two years of qualifying level education before becoming eligible for registration as a psychotherapist with the UK Council for Psychotherapy.

The units within this course are therefore pre-requisites for the Qualifying level (years 3 and 4) in Systemic Psychotherapy which, upon completion, leads to qualification as a psychotherapist and registration with the Association of Family Therapy and the UK Council for Psychotherapy- UKCP- the professional body for psychotherapy.

**Teaching**:

The teaching days will be group learning spaces reflecting on reading, group discussions and practicum learning with ample space for reflecting in-the-moment, learning as-we-go and reflecting on learning.

Between teaching days, you will be offered additional reading seminars, study skills sessions and personal development opportunities, providing group learning and structured learning tasks that include reading of specific texts; learning about learning; study skills such as writing essays, academic conventions and referencing correctly; reflecting on learning styles; developing the self of the therapist, in context.

These will be online and additional to the 12 days. In total this will make at least 14 days of CPD/ Learning hours.

**How to apply**: Access the application form online, or for any further information, please visit the Contact page on the website [www.centreforsystemicstudies.co.uk](http://www.centreforsystemicstudies.co.uk/) or contact [NatalieWilliams@centreforsystemicstudies.co.uk](mailto:NatalieWilliams@centreforsystemicstudies.co.uk)

You may also like to contact the course lead, Jill Lubienski on [JillLubienski@centreforsystemicstudies.co.uk](mailto:JillLubienski@centreforsystemicstudies.co.uk) for an informal discussion or to ask any course specific questions. Leah and Julia (Co-Directors) can also be contacted. [Leahsalter@centreforsystemicstudies.co.uk](mailto:Leahsalter@centreforsystemicstudies.co.uk); [juliaevans@centreforsystemicstudies.co.uk](mailto:juliaevans@centreforsystemicstudies.co.uk)

**Current fee**: £2900 (Inclusive of 12 in person teaching days and the additional online opportunities)