Foundations in Family therapy and Systemic Practice

A course designed to meet the Training Standards of The Association Of Family Therapy (currently under review by AFT).

2024 Information for prospective Applicants:

Teaching through this course will always be aimed at community/group learning. Because the teaching philosophy is based on an interactional frame and relational teaching/learning style, students are effectively engaged in the course from day one and this is maintained throughout the course. The teaching arrangement is proximal with opportunity for engagement and feedback structured into all elements of the course. Use of a dialogical method engages already qualified professionals in a process that respects their prior experience, knowledge and contribution to the learning process.

Teaching days are structured to be adaptive and responsive to feedback, both overt direct communication from the students and also observation of covert group dynamics and different learning styles of the individual students and how these impact on the learning of the group as a whole.

Course presenters: Julia Evans, Michele Ryan, Dr Leah Salter and Dr John Doran

Course Aims and Learning Outcomes includes:

. Develop in-depth understanding of conceptual frameworks underpinning Systemic theory and practice applied to psychotherapy.

· Understand and utilise methods of integration in order to develop their own personal epistemology in psychotherapy practice

· Develop skills in responding to challenging or complex issues that may arise in psychotherapy

· Develop and promote appropriate treatment responses and skills in working with areas new to their experience and knowledge.

· Develop knowledge and practice of appropriate consultation in psychotherapy

· Develop an understanding of organisational development and the interaction between relevant wider systems in the practice of supervision, for example, management and governance of services.

· Promote high professional standards

· Understand the utility of research and the appreciation of the application to practice contexts

Participants are not eligible for professional registration on completion of this course. They must undertake a further three years of qualifying level education before becoming eligible for registration as a psychotherapist with the UK Council for Psychotherapy.

The units within this course are therefore pre-requisites for the Intermediate level (year 2) and then Qualifying level (years 3 and 4) in Systemic Psychotherapy which, upon completion, leads to qualification as a psychotherapist and registration with the Association of Family Therapy and the UK Council for Psychotherapy- UKCP- the professional body for psychotherapy.

The course will begin in February 2024 with a three day block and progress through the year until September.

Course dates 2024: 14th, 15th and 16th February, 8th March, 12th April, 17th May, 14th June, 12th July, 16th August and 18th, 19th and 20th September

Study Day format: The total teaching time will equate to 78 hours

Study days and blocks will comprise lectures, group work, seminar presentations as well as interactive experiential exercises which highlight skills in practice.

Between the blocks you will engage in structured learning tasks that include reading of specific texts, observation exercises, and reflection on material.

How to apply: You can access the application form online, or for any further information, please visit the Contact page or contact [NatalieWilliams@centreforsystemicstudies.co.uk](mailto:NatalieWilliams@centreforsystemicstudies.co.uk)

Course Fee: £2350