Centre for Systemic Studies (CIC) Intermediate level training

A course designed to meet the Training Standards of The Association Of Family Therapy, level 2 (currently under review by AFT).

This is a 12 day course with a long established history in the calendar of the Family Institute.

The dates for the 2024/2025 course are as follows: 2024:

19th, 20th and 21st June 4 th & 18th July 1 st August 19th September 17th & 31st October 21st November 12th December 2025: 23rd January

Who should apply: those who have completed Foundation Level training or can demonstrate equivalent learning.

Course presenters: Dr Leah Salter and Kieran Vivian Byrne with guest speakers.

2024 Information for prospective Applicants:

Teaching through this course will always be aimed at community/group learning. Because the teaching philosophy is based on an interactional frame and relational teaching/learning style, students are effectively engaged in the course from day one and this is maintained throughout the course. The teaching arrangement is proximal with opportunity for engagement and feedback structured into all elements of the course. Use of a dialogical method engages already qualified professionals in a process that respects their prior experience, knowledge and contribution to the learning process.

Teaching days are structured to be adaptive and responsive to feedback, both overt direct communication from the students and also observation of covert group dynamics and different learning styles of the individual students and how these impact on the learning of the group as a whole.

Course Aims and Learning Outcomes includes:

. Furthering in-depth understanding of conceptual frameworks underpinning Systemic theory and practice applied to psychotherapy.

 · Understanding and utilising methods of integration in order to develop personal epistemology in psychotherapy practice and reflexive skills.

· Developing further skills in responding to challenging or complex issues that may arise in psychotherapy and consultation.

· Developing and promoting appropriate treatment responses and skills in working with areas across multiple contexts.

 · Developing knowledge and practice of appropriate consultation in psychotherapy, including working with consultation groups throughout the 12 day.

 · Developing an understanding of organisational development and the interaction between relevant wider systems in the practice of supervision, for example, management and governance of services.

· Promoting high professional standards

· Understanding the utility of research and the appreciation of the application to practice contexts, including working on an action research project through the course.

. Learning is demonstrated through 2 essays and a portfolio of work.

Participants are not eligible for professional registration on completion of this course. They must undertake a further two years of qualifying level education before becoming eligible for registration as a psychotherapist with the UK Council for Psychotherapy.

The units within this course are therefore pre-requisites for the Qualifying level (years 3 and 4) in Systemic Psychotherapy which, upon completion, leads to qualification as a psychotherapist and registration with the Association of Family Therapy and the UK Council for Psychotherapy- UKCP- the professional body for psychotherapy.

Study Day format:

The total teaching time will equate to 78 hours

Study days and blocks will comprise lectures, group work, seminar presentations as well as interactive experiential exercises which highlight skills in practice.

Between the blocks you will engage in structured learning tasks that include reading of specific texts, observation exercises, and reflection on material.

How to apply: You can access the application form online, or for any further information, please visit the Contact page or contact NatalieWilliams@centreforsystemicstudies.co.uk

Current fee: £2600